

## In-home support

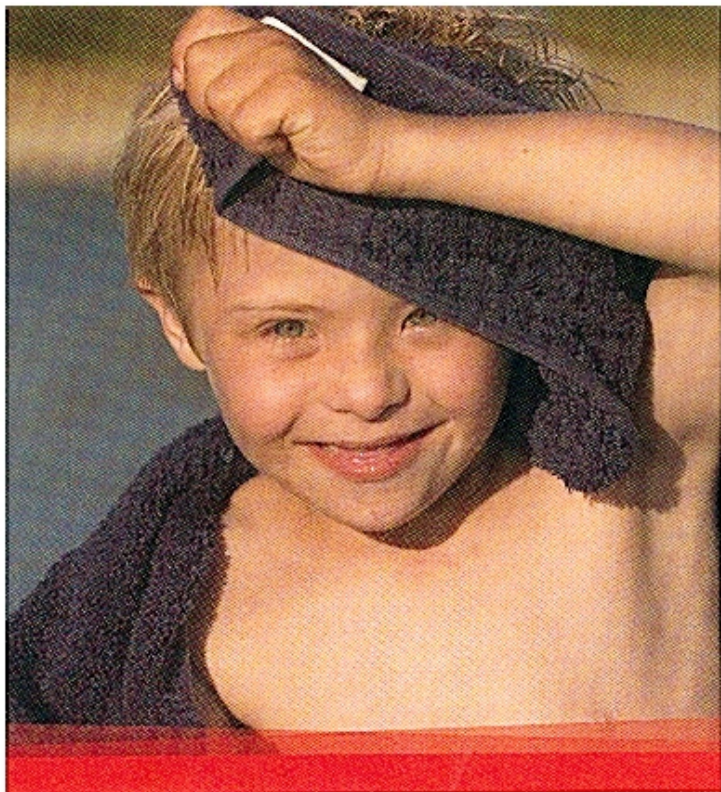
Pick and choose from our suite of services



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## About Just Better Care

Just Better Care is Australia's leading supplier of in-home support, enabling people to live independently, maintain their personal and social connections and enjoy a better quality of life.

## In your community

Every Just Better Care office is owned and operated locally and part of a network of businesses that work together to the advantage of our customers. We are actively engaged in building local links and developing connections.

## Discover why we're different

At Just Better Care, each person is treated as an individual. We take the time to get to know you and learn about who you are. You will enjoy highly skilled and experienced professionals who are compassionate, understanding and willing to go the extra mile.

## Tailored support

Work with us to build your customised program, manage your funding package and choose your professional from the skilled, 'can-do' team at your local Just Better Care office. With Just Better Care, the choices are yours.



Travel



Overnight



Respite



Meals



Personal  
Care



Transport



In-Home  
Nursing



Domestic  
Assistance



# Choose the in-home support that's right for you.

Our services support people with a wide range of physical, social and intellectual abilities at all stages of life – from childhood right through to old age.

With Just Better Care, we tailor our services to you. We will work with you to design and deliver your support, in ways that exercise your preferences and maintain your independence.

## Travel



Get away from it all. Choose a travel companion to join you on your holidays or continue your usual routine at your destination with support from the local Just Better Care office. Offices located nationally.

## Personal Care



Assistance with personal hygiene and grooming whilst maintaining your dignity.

## Overnight



Scheduled or as-needed support during the night includes getting ready for bed, turning and repositioning, medication management, pain relief, hydration and nourishment, keeping warm or cool, reassurance and emotional support, getting up in the morning.

## Transport



Get out and about. Transport and mobility support to go shopping, meet up with friends, play sport, go to meetings, enjoy your hobbies or just enjoy some recreational time.

## Respite



Time out for carers. While you're having a break the person you care for can enjoy outings, shopping and errands. Other respite services can include meal preparations, personal care and help around the house.

## In-home Nursing



In-home nursing care includes administering medication, wound care, monitoring clinical signs, liaising with your GP and other healthcare providers.

## Meals



Help with planning meals includes assisting with writing shopping lists, going to the shops, unpacking groceries and preparing meals.

## Domestic Assistance



Help around the house includes doing laundry, making beds, changing linen and towels, cleaning the bathrooms and toilets, vacuuming, sweeping and mopping, cleaning the kitchen, taking out the garbage and recycling, general tidying up.